



THSPA Region 3 Division 1 (5A & 6A)

Coaches,

The following information will help you prepare for the 2026 season.

Dues:

Must be postmarked by January 24th. They are \$75.00 and checks should be made payable to THSPA and sent to the following address. Please include the membership form with payment.

THSPA
Box 1072
Crowley, TX 76036

A Membership Application form and rule books can be printed off the website: www.thspa.us. **Changes will be in yellow.** Be sure to look for the simplified rule book to be posted to the website very soon. Please take time to read the THSPA rulebook before we begin the season. It will answer most questions you have.

- A \$200 late fee will be applied in addition to the \$75 membership fee after the January 24th deadline. Schools who fail to pay the required fees will be unable to compete in the regional, or state championships.

Important Dates:

- Friday, January 24th – State membership dues must be postmarked
- Saturday, February 28th – Last qualifying date (*results on this day must be received by midnight*)
- Monday, March 2nd – 4:00 pm Weight and/or Division (EQ/UNEQ) declarations for double qualified lifters.
- Saturday, March 7th – 5A & 6A Regional Meet – Rusk HS
Early Weigh Ins will be Friday, March 6th
- Saturday, March 7th – Region 3 Unequipped Regional Meet – Rusk HS
Early Weigh Ins will be Friday, March 6th
- Friday, March 27th - Unequipped State Meet - Taylor County Expo Center, Abilene, TX.
Early Weigh Ins will be Thursday, March 26th
- Saturday, March 28th - Division 1 State Meet – Taylor County Expo Center, Abilene, TX.
Early Weigh Ins will be Friday, March 27th

Hosting a Meet:

Meet results must be sent via e-mail as a **.psm** file attachment. The association provides Powerscore software free to member schools and you can download the latest version from the website. Meet results are due by 4:00 PM the Monday following the meet. If you cannot have them by that time make sure to contact me, otherwise the results will not be accepted. Please text me and let me know if and when you are hosting a meet so I can expect to see the results that weekend. (903) 530 – 0592

I will post more information about the Regional Meet as we get closer to the end of the season.

Please fill out the Google Form posted or send an email with your contact information to Evan.Beaton@RuskISD.net. Also I have created a SportYou to ease communication. The code is **J2XGESRC**. Please join ASAP.

Unequipped Division:

THSPA will be adding an unequipped division this year. FAQs about this division will be posted soon to the website homepage. There will be ONE regional meet per region for unequipped, all unequipped 1A-6A for Region 3 with lift at the Regional Meet at Rusk High School on Saturday, March 7th.

If I can be of assistance in any way, do not hesitate to contact me.

Evan Beaton
Rusk High School
R3d1@thspa.us
Region 3 Division 1 Director